

Carroll County Public Health will be offering both FluMist and the Flu Shot. The cost of the flu vaccine is \$20.00 per dose. We are only able to bill Medicare Part B for flu vaccine, please bring your Medicare card to the clinic. *We are unable to bill Medicare HMO's, Medicaid (Title 19), or Private Insurance.*

- We will provide receipts for FLEX spending or Cafeteria funds **ONLY**.
- We will **NOT** provide receipts to be turned into insurance for reimbursement.
- If you plan to have your insurance company pay for the flu vaccine, you need to receive your flu vaccine from an alternate provider.

**These clinics are by appointment:**


- Friday, September 30th from 9-11am in the Public Health Office
- Thursday, October 6th from 4-6pm in the Public Health Office
- Friday, October 7th from 9-11am in the Public Health Office
- Wednesday, October 12th from 4-6pm in the Public Health Office
- Thursday, October 20th from 4-6pm in the Public Health Office

Please visit <http://www.co.carroll.ia.us/PublicHealth/publichealth.htm> to schedule an appointment or call 712-794-5279.

**These clinics are walk in clinics & appointments will not be taken:**

- Wednesday, October 5th from 12:30-1:30pm at Farmers COOP in Arcadia
- Wednesday, October 5th from 2-3pm at Breda Telephone in Breda
- Tuesday, October 25th from 5-6pm at the Halbur Community Center in Halbur
- Tuesday, November 8th from 5-6:30pm at Coon Rapids Bayard High School.

Walk-ins to the Public Health Office during non-clinic times are highly discouraged. Please plan on attending a scheduled clinic.

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- Cover your cough with a tissue or your elbow
  - Stay home when you are ill
  - Wash your hands
  - Get your flu shot



Examples of Medicare HMO's are: Humana, Unicare Life and Health, Coventry Health Care, Secure Horizons and Pyramid